

## CLAIMS:

1. A color shift therapy apparatus comprising:  
a control means;  
a color display; and  
a means for providing color shifting signals to said color display in response to said control means.
2. The color shift therapy apparatus according to claim 1 wherein said control means comprises a clinician input means.
3. The color shift therapy apparatus according to claim 2 wherein said clinician input means comprises a keyboard.
4. The color shift therapy apparatus according to claim 1 wherein said means for providing color shifting signals comprise a central processing unit.
5. The color shift therapy apparatus according to claim 4 wherein said color display means is selected from the group comprising of CRT, LCD and a television.
6. The method for providing color shift therapy with the apparatus of claim 1, said method comprising the steps of:  
placing a patient in front of the color display;  
providing initial clinician input to the central processing unit to display colors and color shifts on the color display; and  
determining if the colors and color shifts have a desired effect on said patient.
7. The method according to claim 6 further comprising creating and storing an optimum therapy program for said patient when it is determined that the colors and color shifts are having the desired effect on patient.
8. The method according to claim 7 further comprising providing one optimum therapy program to said patient for use on said patient's apparatus.